





CWDG
CENTRAL WESTERN
DRESSAGE GROUP^{INC}

Equine Education Day

 Blayney Showgrounds Pavilion
 **Saturday 19th July 2025**

 Registration from **9:00am**
Sessions 9:30am – 3:30pm

 **\$15** per person

 **\$25** per family

 Book your spot:

<https://www.trybooking.com/DDEFE>



Fundraising for outdoor arena enhancements



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Program

Time	Session	Presenter
9:00am – 9:30am	Arrival & Registration	Tea, coffee & mingling
9:30am – 10:10am	Understanding Hoof Health & Form Hoof anatomy, posture, hoof types	Wesley Stewart CF APF-I ESP
10:15am – 10:55am	Intro to Dressage Scribes Interactive workshop	Amy Douglas-Baker
11:00am – 11:30am	Morning Tea Break	
11:30am – 12:10pm	What Judges Love to See	Jenny Day
12:15pm – 12:55pm	Demystifying Herbal Medicine Why herbs, how they work & key health applications	Cath McDowell, McDowells Herbal
1:00pm – 2:00pm	Lunch Break	
1:15pm – 1:45pm	Poisonous Plants and Paddock Safety	Dr. Georgia Ladmore
2:00pm – 2:40pm	Bodywork for Horses – Bowen Therapy Gentle touch, posture, rider-horse connection	Susan Low
2:45pm – 3:25pm	Shoeing for Performance & Farrier Appointment Success Setting up owner, horse & farrier for success	Wesley Stewart CF APF-I ESP
3:30pm – 4:00pm	Afternoon Tea & Networking	

<https://www.trybooking.com/DDEFE>

CWDG Equine Education Day



**Education
Day**

WESLEY STEWART

Learn what makes
a great hoof

Spot issues before
they become
problems and so
much more...



Hoof Form & Performance Shoeing



About Wesley



WESLEY STEWART brings nearly four decades of hoof care expertise to CWDG's Education Day. With internationally recognised qualifications and a lifelong commitment to ongoing education, Wes is a farrier trusted by performance riders, vets, and horse owners across Australia and beyond.

Wes's work is driven by one goal: functional soundness. He believes that every hoof tells a story, and that correct trimming and shoeing can transform how a horse moves, behaves, and performs. His unique approach blends science with hands-on technique, and he regularly presents at major clinics and summits around the world.

- ✓ Certified Farrier (USA), Accredited Professional Farrier (IAPF)
- ✓ Mentor and Educator at International School of Integrative Hoofcare
- ✓ International presenter at Nordic Hoof Summit, International Horse Care Summit USA & Europe, and more
- ✓ Founder of **Wesley Stewart Farrier Services**, a mobile and educational farriery service
- ✓ Member of ELPO, ESP, NEAEP & American Farriers Association

“Soundness is not a luxury. It’s the foundation of everything we do with our horses.”



WESLEY STEWART



Hoof Form & Function – What Your Horse is Standing On

- Understanding basic hoof anatomy
- Spotting ideal vs compromised hooves
- Reading posture: what your horse's stance is telling you
- Common issues seen in local paddocks
- Q & A



Morning Session – 9:30am



WESLEY STEWART



Performance Shoeing & Setting Up for Success

- Shoeing for general riding vs performance
- Preparing your horse (and yourself!) for a farrier visit
- How to make farrier appointments smoother and more effective
- Tools, timing and teamwork for long-term hoof health
- Q & A



Afternoon Session – 2:45pm

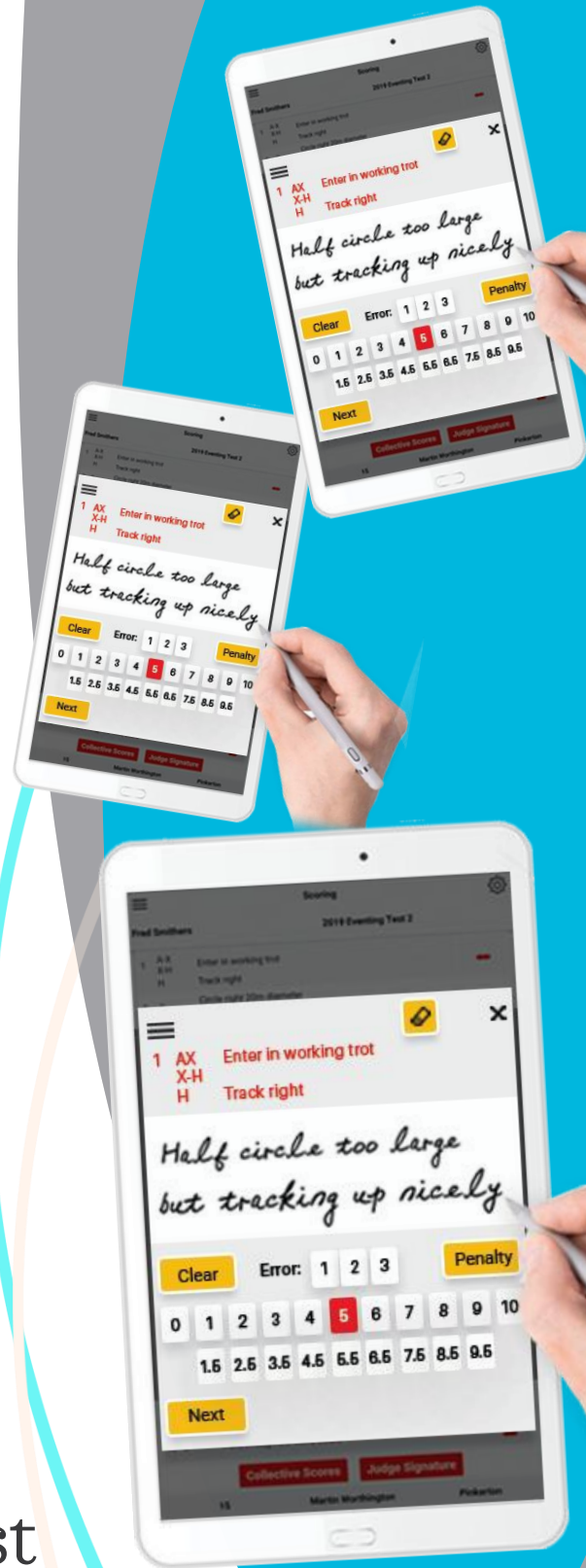


Education Day

AMY DOUGLAS- BAKER

Learn how to
scribe with
confidence

Try scoring a live test



Scribing Workshop



About Amy



AMY DOUGLAS-BAKER is a much-loved and essential member of the **Central West Dressage Group Committee team**. As the friendly face behind many of our member emails, she keeps everyone informed, connected, and up to date.

Professionally, Amy is a **highly accomplished barrister**, practising in commercial, equity and administrative law, regularly appearing in state and federal courts and advising a wide range of clients, from government departments to private individuals.

At CWDG events, however, Amy is known just as much for her dedication to our sport. She is our **leaderboard guru**, keeps our

scores running smoothly, and jumps in wherever needed, whether that's managing the scoreboard or helping coordinate scribes on the day.

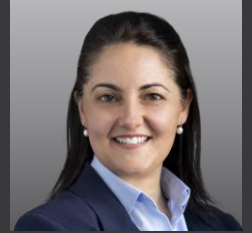
A **passionate advocate for volunteering**, Amy knows the value that scribing brings:

- **insight into test riding**
- **exposure to top judges**
- **a real sense of connection to the sport.**

Her Education Day session will offer **practical advice, tips, and encouragement** for anyone curious about taking a seat beside the judge and using those scary tablets!



AMY DOUGLAS-BAKER



Scribing with Confidence – Ride Shotgun with the Judge

- What It Means to Be a Scribe
- Ears Open, Fingers Ready – How to Be a Great Scribe
- Going Digital – Using the Scoring Tablet
- Practice Run – Score a Live Test
- Debrief & Amy's tips for Success
- Q & A

Morning Session – 10:15am



**Education
Day**

JENNY DAY

From the
Judge's Seat

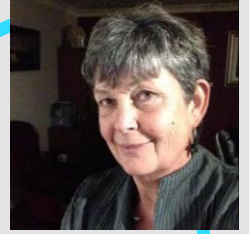
Ask the judge
anything!



What judges really look for



About Jenny



JENNY DAY's equestrian journey began at the age of nine, when, after much persistence, her parents gave in and bought her a pony. Living in Pennant Hills, just 22 km from the centre of Sydney, the family also kept 300 chickens, six sheep, and occasionally a cow. Jenny's first pony, Debbie, was a real character with a signature move of rearing, landing, and pigrooting, regularly unseating Pony Club instructors with her antics.

A family move to Zambia, in Central Africa, brought a new chapter and a new horse: a lovely, well-behaved off-the-track Thoroughbred named Copper Lass. The two enjoyed hacking out, cross-country, and show jumping together over their two-and-a-half years abroad.

Upon returning to Australia, Jenny set horses aside to focus on study, until a shift in lifestyle brought them back. Alongside her husband, she co-owned 500

acres in Merriwa, which rekindled her passion. She began breeding Welsh ponies and Arabians, and in 1989, the family relocated from Glebe to Orange, selling their Merriwa share and bringing the horses with them.

Her children enjoyed the ponies, though only her daughter Jane continued riding. Jenny eventually stopped riding herself, partly due to her new role as "strapper mum" and partly due to a troublesome hip that made riding difficult.

In 2004, Jenny became a dressage judge, though she waited nearly two decades before upgrading from F to E level in 2023, something she now admits she could have done much sooner. She takes great joy in judging and finds it especially rewarding to watch horse and rider combinations develop and progress through the levels.

What Judges love to see



JENNY DAY



What Judges Love to See

- Make the First Centreline Count
- Real examples of repeated rider errors and how to avoid them
- What judges actually reward
- Marks Are Earned – Movement by Movement
- What's Behind the Comment?
- EA Rule Book Deep Dive
- EA Test 2.2 Breakdown
- Q & A

Morning Session – 11:30am



**Education
Day**

**CATH
MCDOWELL**

 **McDowell's®**
The Natural Art of Healing

Demystifying
Herbal
Medicine

Why and How Herbs Work



McDowells®
The Natural Art of Healing

About Cath



Many will already know **CATH MCDOWELL** as the driving force behind **McDowells Herbal**, where she has spent over **30 years** supporting horse owners across Australia.

As Director of McDowells Herbal, Cath has worked with countless horses and owners facing roadblocks to their riding dream, from unknown health histories to injury or chronic conditions.

Her herbal support programs are grounded in tradition, science, and years of results across all breeds and disciplines.

Demystifying Herbal Medicine



CATH MCDOWELL



Demystifying Herbal Medicine for the Local Horse Owner

- Why use herbs and how they work
- Are herbs evidence-based?
- Practical herbal approaches for:
 - Infections
 - Gut health (GIT)
 - Cushing's
 - EMS
 - Tendon damage
 - Skin conditions

Afternoon Session – 12:15pm



**Education
Day**

DR GEORGIA LADMORE

Poison in the Pasture:
Protecting Your Horse
from Hidden Hazards

From Grass to Gut:
Spotting Pasture Perils
Before They Harm



What's Lurking in Your Paddocks



About Susan



DR. GEORGIA LADMORE is a local equine veterinarian with **over a decade of experience**, holding a degree from Charles Sturt University. With a special interest in equine health, Georgia is known for her **practical, rider-focused approach to horse care** and her commitment to education within the equestrian community.

A **3* FEI-accredited veterinarian**, Georgia frequently officiates at national and international events, particularly in endurance, and brings a wealth of hands-on experience from both clinical settings and the competition arena.

As a former competitive rider herself, she deeply understands the partnership between horse and rider, and how **proactive care can support performance and well-being**.

Georgia will take riders through common (and not-so-common) **pasture hazards**, including **toxic plants, overgrazing risks, and seasonal health threats**. She'll share practical tips for **safer grazing management**, recognising **early signs of plant toxicity**, and what to do if you suspect an issue, ensuring you're better equipped to make your paddocks as safe as your stables.



DR GEORGIA LADMORE



Poisonous Plants and Paddock Safety

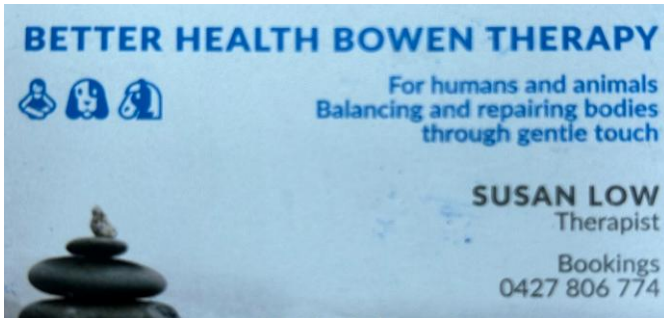
- Common toxic plants commonly found in local paddocks
- Seasonal risks and signs of plant poisoning
- Safe pasture management and grazing strategies
- Best practices for paddock checks and weed control
- What to do if you suspect plant toxicity

Lunchtime Session – 1:15pm



Education Day

SUSAN LOW



How gentle
touch makes a difference

Real-world results for
common issues



Find out all about Bowen Therapy



About Susan



SUSAN LOW'S journey into Bowen Therapy began over 20 years ago, driven by a desire to help her own horse. Since then, her passion has evolved into a lifelong commitment to bodywork, spanning Equine Bowen, Emmett Therapy, Human Bowen, and Applied Muscle Therapy.

She maintains professional registration with the BTFA and has to complete 20 hours of continual learning each year. Susan approaches her treatments in an informed, holistic and intuitive manner using her many years of being with horses.

An integral part of the CWDG committee and is currently our Clinic Coordinator. We are so lucky to have her.





SUSAN LOW



Bodywork for Horses – Bowen Therapy

- The origins and science of Bowen Therapy
- Why gentle touch works
- What to expect during a session
- Applications for common equine injuries and issues
- The rider-horse connection and body alignment
- Practical tips for supporting your horse's bodywork at home

Afternoon Session – 2:00pm